

**GIVE. READ. GROW.**  
**Donate to the I Read Canadian Fund**



Research shows that reading for fun has a positive impact on the lives of children and young adults – both in and outside of school. Reading for fun promotes:

- Increased school achievement;
- Strong life satisfaction;
- Better health;
- Better employment;
- Pursuit of higher education; and
- Increased social and civic engagement

#### **What to learn more about the impact of reading on children and young adults?**

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